# **ADA** American Dental Association<sup>®</sup>

America's leading advocate for oral health

## Harnessing Laser Technology for Dental Practices

Friday, December	<u>6</u>
8:00 – 8:30 am	Registration and Continental Breakfast
8:30 – 10:00 am	<ul> <li>Morning Part 1</li> <li>Welcome and Introductions</li> <li>Overview of Laser and Light-Based and Their Applications <ul> <li>Laser and Light Technology in Today's Oral Health Care</li> </ul> </li> <li>Understanding the Basics of Laser Safety: <ul> <li>Considerations, Regulations, and Requirements</li> <li>Role of the Laser Safety Officer (LSO) and Required Training</li> <li>Components of a facility's Laser Safety Policies and Procedures</li> </ul> </li> <li>Components and Parts of Health Care Laser System (HCLS) <ul> <li>Fiber and Handpiece Care, Management, &amp; Maintenance</li> <li>Infection Control Procedures for the Laser, Handpieces, Tips, and Fibers</li> </ul> </li> </ul>
10:00 – 10:15 am	Break
10:15 am – 12:00 pm	<ul> <li>Morning Part 2</li> <li>Understanding Laser Science, Technology &amp; Biophysics         <ul> <li>Light wavelengths and their relationship to tissue interactions.</li> <li>The role and value that a laser's power play.</li> <li>Reviewing the composition of biologic structures and understanding its relevance to laser and light interactions</li> </ul> </li> </ul>
12:00 – 1:00 pm	Lunch provided
1:00 – 3:00 pm	<ul> <li>Afternoon Part 1</li> <li>What is Photobiomodulation (PBM) and Its Role in Oral Healthcare <ul> <li>The Use of Low-Level Laser Energy to Manage Inflammation, Reduce Pain, and Enhance Healing</li> </ul> </li> <li>What is Photoacoustic Streaming and Its Role in Oral Healthcare <ul> <li>Acoustic waves generated by pulsed laser light inducing a streaming flow in the surrounding fluid</li> </ul> </li> <li>Endodontic Procedures <ul> <li>Periapical surgery</li> </ul> </li> <li>Hard Tissue Procedures <ul> <li>Osseous surgery</li> <li>Debriding an extraction site.</li> </ul> </li> </ul>
3:00 – 3:15 pm	Break

3:00pm – 5:00 pm

#### Afternoon Part 2

- Soft Tissue Applications of Laser and Light-based Technologies in Oral Healthcare
  - Laser assisted scaling and root planing.
  - Periodontal surgical procedures
  - o Other soft tissue procedures
- Implant Related Procedures
  - Debriding an osteotomy site
  - o Management and treatment of peri-implantitis

### Saturday, December 7

#### 8:30am to 12:00pm Morning Session (Repeated in the Afternoon)

8:30 – 9:45 am	<ul> <li>Morning Session 1</li> <li>Interactive Review and Discussion of Day 1 Topics</li> <li>Overview of the Lasers Participating in the Workshop</li> </ul>
9:45 am – 10:00 am	Break
10:00 am – 12:30 pm	<ul> <li>Morning Session 2</li> <li>Hands-on Experience Rotations with Various Laser and Light-Related Technologies</li> </ul>
(12:30 – 1:00 pm	Break to Reset Room)
1:00 - 5:00 pm Afternoon Session (Repeat of Morning Session)	
1:00 – 2:15 am	<ul> <li>Afternoon Session 1</li> <li>Interactive Review and Discussion of Day 1 Topics</li> <li>Overview of the Lasers Participating in the Workshop</li> </ul>
2:15 pm – 2:30 pm	Break
2:30 – 5 :00 pm	<ul> <li>Afternoon Session 2</li> <li>Hands-on Experience Rotations with Various Laser and Light-Related Technologies</li> </ul>