

Educational resources on diabetes mellitus

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Editor's note: Some of the Web sites below do not include "www" in their addresses.

PUBLICATIONS AND WEB SITES

General Information

— National Diabetes Information Clearinghouse, a service of the National Institute of Diabetes and Digestive and Kidney Diseases—various topics, including research and statistics, in booklet or fact sheet format, some available in Spanish

Web site: "www.niddk.nih.gov/health/diabetes/diabetes.htm"

— Online journals of the American Diabetes Association

— Diabetes Online: original research about the physiology and pathophysiology of diabetes mellitus

Web site: "diabetes.diabetesjournals.org"

— Clinical Diabetes: provides primary care providers and all clinicians involved in the care of people with diabetes with information on advances and state-of-the-art care for people with diabetes

Web site: "clinical.diabetesjournals.org"

— Diabetes Spectrum: assists health care professionals in the development of strategies to individualize treatment and diabetes self-management education for improved quality of life and diabetes control

Web site: "spectrum.diabetesjournals.org"

— Diabetes Care: for the health care practitioner, intended to increase knowledge, stimulate research and promote better management of people with diabetes

Web site: "care.diabetesjournals.org"

— MEDLINEplus Health Information, a service of the U.S. National Library of Medicine and the National Institutes of Health, Diabetes—large number of links to topics and articles with the latest news on diabetes

Web site: "www.nlm.nih.gov/medlineplus/diabetes.html"

— PubMed Central, a digital archive of the U.S. National Library of Medicine—large number of life science journals and articles in a searchable database

Web site: "www.pubmedcentral.nih.gov", search for "diabetes"

Oral Complications

— "Diabetes and Oral Health," published in September 2002 JADA (2002;133:1299)—one-page overview prepared by the ADA Division of Communications for distribution to patients

Web site: "www.ada.org/prof/pubs/jada/p-page/p-page18.pdf"

— Diabetes and Oral Health Problems, Colgate Oral Health Center—tips on prevention of oral health complications

Web site: "www.colgate.com/cp/oralcare.class/oralhealthcenter/oc_article.jsp?articleID=141"

— Diabetes and Periodontal Diseases, WHO Oral Health Country/Area Profile Programme, WHO Headquarters Geneva, Oral Health Programme, WHO Collaborating Centre, Malmö University, Sweden—overview

Web site: "www.whocollab.od.mah.se/expl/systdiab.html"

— What Is Periodontal Disease?, Academy of General Dentistry—patient information

Web site: "www.agd.org/consumer/topics/diabetes/main.html"

Prevention and Treatment

— Lojo L, Burrows NR, Geiss LS, Tierney EF, Wang J, Engelgau MM, Division of Diabetes Translation, National Center for Chronic Disease Prevention and Health Promotion, Centers for Disease Control and Prevention. Preventive-Care Practices Among Persons With Diabetes—United States, 1995 and 2001. MMWR Morb Mortal Wkly Rep 2002;51:965-9. The data in the MMWR are provisional, based on weekly reports to CDC by state health departments.

Web site: "www.cdc.gov/mmwr/preview/mmwrhtml/mm5143a2.htm"

— Diabetes Prevention Study Shows Diet and Exercise Dramatically Delay Type 2 Diabetes, Joslin Diabetes Center, August 2001—article describing study at the Joslin Diabetes Center

Web site: "www.joslin.harvard.edu/news/prevent_type2.shtml"

— The Prevention and Treatment of Complications of Diabetes Mellitus: A Guide for Primary Care Practitioners—periodontal disease, National Center for Chronic Disease Prevention and Health Promotion, Centers for Disease Control and Prevention

Web site: "www.cdc.gov/diabetes/pubs/complications/periodontal.htm"

— Oral Health Matters ... From Head to Toe, Canadian Dental Hygienists Association

Web site: "www.cdha.ca/content/oralcare_centre/facts_head_to_toe.asp"

HAND-HELD DEVICE/PERSONAL DIGITAL ASSISTANT PROGRAMS

Programs for Palm OS and Pocket PC

— AvantGo—information from a variety of Web sites and magazines

Web site: "www.avantgo.com"

— JournalToGo—abstracts from a variety of medical journals
Web site: “www.journaltogo.com”

— Calorie King—“Diet Diary,” “Diabetes Log,” “Food Database”
Web site: “www.calorieking.com/handheld”

Programs for Palm OS

— Diabetes in Primary Care 2003 1.2—diabetes reference software
Web site: “www.palmgear.com/software/showsoftware.cfm?prodID=47014”

— Logbook DM 2.0—diabetes management logbook
Web site: “www.palmgear.com/software/showsoftware.cfm?prodID=44602”

— Gluco-Log 3.1—records blood sugars and insulin dosage
Web site: “www.palmgear.com/software/showsoftware.cfm?prodID=34238”

— For additional programs, search for “diabetes” at “www.palmgear.com” or “www.handango.com”

Programs for Pocket PC

— Glucopad 1.1—diabetes management program
Web site: “www.us-handhelds.com”

— GlucoControl—glucose management program
Web site: “glucocontrol.undersociety.com/eng”

— For additional programs, search for “diabetes” at “www.pocketgear.com”

ORGANIZATIONS

General Information

Agency for Healthcare Research and Quality
Phone: 1-800-358-9295
e-mail: “info@ahrq.gov”
Web site: “www.ahrq.gov”

Oral Health Information

American Academy of Periodontology
Phone: 1-312-787-5518
Web site: “www.perio.org”

American Dental Association
Phone: 1-312-440-2500; 1-800-947-4746 (catalog sales)
e-mail: “publicinfo@ada.org” (consumer questions)
Web site: “www.ada.org”

National Institute of Dental and Craniofacial Research
Phone: 1-301-496-4261
e-mail: “nidcrinfo@mail.nih.gov”
Web site: “www.nidcr.nih.gov”

National Oral Health Information Clearinghouse
Phone: 1-301-402-7364
e-mail: “nohic@nidcr.nih.gov”
Web site: “www.nohic.nidcr.nih.gov”

Diabetes Information

American Association of Diabetes Educators

Phone: 1-312-424-2426
e-mail: “aade@aadenet.org”
Web site: “www.aadenet.org”

American Diabetes Association
Phone: 1-800-DIABETES (1-800-342-2383)
e-mail: “AskADA@diabetes.org”
Web site: “www.diabetes.org”

Centers for Disease Control and Prevention, Division of Diabetes Translation
Phone: 1-877-CDC-DIAB
e-mail: “diabetes@cdc.gov”
Web site: “www.cdc.gov/diabetes”

Juvenile Diabetes Research Foundation International
Phone: 1-800-533-CURE
e-mail: “info@jdrf.org”
Web site: “www.jdf.org”

National Diabetes Education Program
Web site: “ndep.nih.gov”

National Diabetes Information Clearinghouse
Phone: 1-800-860-8747
e-mail: “ndic@info.niddk.nih.gov”
Web site: “www.niddk.nih.gov/health/diabetes/diabetes.htm”

Organizations Related to the Complications of Diabetes

American Dietetic Association
Phone: 1-312-899-0040
Web site: “www.eatright.org”

American Podiatric Medical Association
Phone: 1-301-571-9200
e-mail: “askapma@apma.org”
Web site: “www.apma.org”

National Eye Health Education Program
Phone: 1-800-869-2020 (for health professionals only)
e-mail: “2020@nei.nih.gov”
Web site: “www.nei.nih.gov”

National Institute of Diabetes & Digestive & Kidney Diseases of the National Institutes of Health
e-mail: “dkwebmaster@extra.niddk.nih.gov”
Web site: “www.niddk.nih.gov”

National Kidney Foundation
Phone: 1-800-622-9010
e-mail: “info@kidney.org”
Web site: “www.kidney.org”

Weight-Control Information Network
Phone: 1-877-946-4627
e-mail: “win@info.niddk.nih.gov”
Web site: “www.niddk.nih.gov/health/nutrit/win.htm” ■

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