



PostTest - Professionals

As a result of reviewing the OralLongevity program, please answer each of the following questions:

1. A thorough cleaning of one's mouth is also known as a form of:
 - a. Infection control
 - b. Oral inhibition
 - c. Oral sterilization
 - d. Bacterial elimination
2. When restoring a tooth in an older adult, local anesthesia may not be needed because:
 - a. Their pain sensitivity has increased
 - b. The size of the pulp canals have decreased
 - c. They are usually taking pain medications on a routine basis
 - d. They are tough and prefer not to have the anesthesia
3. Oral cancer in its early stage is usually:
 - a. Red
 - b. White
 - c. Painful
 - d. Painless
4. Compared to younger adults, older adults' risk for oral cancer is:
 - a. Lower
 - b. Higher
 - c. About the same
 - d. Can only be compared if a tobacco user
5. Bottled water:
 - a. Contains 1 part per million of fluoride
 - b. Always has additional fluoride added to it
 - c. Contains variable amounts of fluoride
 - d. Is a reliable source of fluoride
6. Older adults with dementia-related conditions like Alzheimer's Disease:
 - a. Are at increased risk for dental caries
 - b. Are at increased risk for periodontal disease
 - c. Will eventually lose their ability to brush their teeth effectively
 - d. All of the above
7. Older adults are at an increased risk of dental caries, periodontal disease and tooth loss as a result of:
 - a. Smoking
 - b. Hypertension
 - c. Cardiovascular disease
 - d. Aspiration pneumonia
8. The primary cause of dry mouth in older adults is due to:
 - a. Aging
 - b. Diabetes
 - c. Medications
 - d. All of the above
9. Toothbrush modification may be necessary for some older adults who have difficulty holding a toothbrush. A recommended alternative is:
 - a. A wide-handled electric toothbrush
 - b. A floss holder
 - c. A prescription mouth rinse
 - d. All of the above
10. The recommended minimum number of hours dentures should be out of one's mouth each 24 hours is:
 - a. 1 hour
 - b. 4 hours
 - c. 6-8 hours
 - d. overnight

OralLongevity™ is a collaboration between the American Dental Association (ADA), the ADA Foundation (ADAF) and GlaxoSmithKline Consumer Healthcare (GSKCH). The OralLongevity initiative was designed to enhance and preserve the oral health of older Americans