



WELLNESS

# Dentist Well-Being Program Directory



## State Well-Being Program Directory

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For many years dentists have been coming together in an organized way to help each other with personal problems. It started with recovering dentists, and others with a sympathetic understanding of the disease of alcoholism and drug addiction, working to put a system in place to reach out to those who were still suffering.

Peer assistance is just what it sounds like, one colleague being available to assist another with a particular need. Over the years, helping hands have also been extended to dental professionals with depression or other mental health disorders; those whose edges are frayed from chronic stress or burnout.

This State Well-Being Program Directory provides a list of state contacts to help connect you to support during your time of need. Additionally, a list is also included of the 2022 Wellness Ambassadors who have offered to be a resource.

### DISCLAIMER

This publication is purely informational only and does not constitute professional, medical or legal advice; readers are advised to consult with their own professional advisors to obtain any such advice. A listing of an individual, entity or organization (whether by name, address, phone number, website or otherwise) in this publication does not constitute a recommendation of or by the American Dental Association (ADA). To the extent that this publication includes links to any website, ADA intends no endorsement of their content, nor of the individuals, entities, or organizations that provide their content. The ADA does not endorse any of the information, recommendations, products or services of non-ADA resources that may be identified herein.

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## American Dental Association

American Dental Association  
211 E. Chicago Avenue Chicago,  
Illinois 60611  
Phone: 312.440.2500

### **Dental Health and Wellness Council on Dental Practice**

Phone: 312.440.2895  
Email: dentalpractice@ada.org

Though every effort has been made to ensure accuracy of information in this book, we apologize for any errors. This Directory is also available on the ADA's website where updates are done periodically.

Additions, deletions, or corrections should be addressed to:

American Dental Association  
Center for Dental Practice Policy  
Dentist Health and Wellness  
211 E. Chicago Ave.  
Chicago, Illinois 60611

or

Phone: 312.440.2895  
Email: dentalpractice@ada.org

## Table of Contents

1. State Well-Being Programs.....	3
2. Resources .....	12
3. Dental Wellness Ambassadors.....	13

## Alabama

### **Alabama Dental Association**

836 Washington Avenue  
Montgomery, AL 36104  
Phone: 334.265.1684  
Email: [contactus@aldaonline.org](mailto:contactus@aldaonline.org)  
Web: [www.aldaonline.org](http://www.aldaonline.org)

### **Alabama Dental Professionals Wellness Committee**

Contact: Dr. Michael C. Garver  
Phone: 251.605.2883  
800.818.3880 (Secure Hotline)  
Email: [mcg1309@gmail.com](mailto:mcg1309@gmail.com)

## Alaska (No Program)

### **Alaska Dental Society**

4300 B St., Suite 410  
Anchorage, AK 99503  
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Email: [info@akdental.org](mailto:info@akdental.org)  
Web: [www.akdental.org](http://www.akdental.org)

## Arizona

### **Arizona Dental Association**

3193 N. Drinkwater Boulevard  
Scottsdale, AZ 85251  
Phone: 480.344.5777  
Email: [azda@azda.org](mailto:azda@azda.org)  
Web: [www.azda.org](http://www.azda.org)

### **Dentists Concerned for Dentists**

Staff Contact: Corbin McKim  
Phone: 480.344.5777 ext. 303  
Email: [corbin@azda.org](mailto:corbin@azda.org)

## Arkansas

### **Arkansas State Dental Association**

2501 Crestwood, Suite 205  
N. Little Rock, AR 72116  
Staff Contact: Billy Tarpley,  
Executive Director  
Phone: 501.834.7650  
Email: [billy@arkansasdentistry.org](mailto:billy@arkansasdentistry.org)  
Web: <https://arkansasdentistry.org>

### **Caring Dentist Committee**

Contact: Dr. Tina Nichols  
Phone: 501.312.7576  
Email: [tkhn2@yahoo.com](mailto:tkhn2@yahoo.com)

## California

### **California Dental Association**

1201 K Street  
Sacramento, CA 95814  
Phone: 800.232.7645  
Email: [info@cda.org](mailto:info@cda.org)  
Web: [www.cda.org](http://www.cda.org)

### **California Dental Association, Wellness Committee**

Staff Contact: Mary McCune  
Email: [thecdafoundation@cda.org](mailto:thecdafoundation@cda.org)  
Web: [www.cda.org/Wellness-Program](http://www.cda.org/Wellness-Program)

### **Central California**

Contact: Dr. Matt Korn  
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Email: [drmatt@ariaperio.com](mailto:drmatt@ariaperio.com)

### **Northern California**

Contact: Dr. Don Fowkes  
Phone: 530.898.0821

### **Southern California**

Contact: Dr. Steven Goldy  
Phone: 310.487.5040

### **San Francisco/Bay Area**

Contact: Dr. Michael Alvarez  
Phone: 510.713.6790

### **San Diego**

Contact: Dr. Bill Britton  
Phone: 562.832.2489

## Colorado

### **Colorado Dental Association**

8301 East Prentice Avenue  
Suite 400  
Greenwood Village, CO 80111  
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Executive Director  
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### **Concerned Colorado Dentists**

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Phone: 720.989.7960  
Email: [bikodds@gmail.com](mailto:bikodds@gmail.com)  
Web: [www.cdaonline.org/wellness](http://www.cdaonline.org/wellness)

## Connecticut

### **Connecticut State Dental Association**

835 W. Queen Street  
Southington, CT 06489  
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### **Health Assistance InterVention Education Network (HAVEN) for Connecticut Health Professionals**

Phone: 860.828.3175  
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## Delaware (No Program)

### **Delaware State Dental Society**

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Staff Contact: Betty Dencler

## District of Columbia

### **District of Columbia Dental Society**

502 C Street, N.E.  
Washington, DC 20002  
Phone: 202.367.1163  
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Web: [www.dcdental.org](http://www.dcdental.org)  
Staff Contact: Kurt Gallagher,  
Executive Director  
Phone: 202.367.1279  
Email: [kgallagher@dcdental.org](mailto:kgallagher@dcdental.org)

## Florida

### **Florida Dental Association**

545 John Knox Road, Suite 200  
Tallahassee, FL 32303  
Phone: 850.350.7109  
Email: [fda@floridadental.org](mailto:fda@floridadental.org)  
Web: [www.floridadental.org](http://www.floridadental.org)  
Staff Contact: Casey Stoutamire, Esq.  
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## Georgia

### **Georgia Dental Association**

7000 Peachtree Dunwoody Road, N.E.  
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### **GDA Dental Recovery Network**

Web: [www.gadental.org/member-services/dental-recovery-network](http://www.gadental.org/member-services/dental-recovery-network)  
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## Hawaii

### **Hawaii Dental Association**

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Honolulu, HI 96814-1802  
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Executive Director  
Email: [kim@hawaiidentalassociation.net](mailto:kim@hawaiidentalassociation.net)

## Idaho

### **Idaho State Dental Association**

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Boise, ID 83702  
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Staff Contact: Jeremy Miller  
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## Illinois

### **Illinois State Dental Society**

1010 S. 2nd Street  
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Phone: 217.525.1406  
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Web: [www.isds.org](http://www.isds.org)  
Staff Contact: Jennifer Walker  
Email: [jwalker@isds.org](mailto:jwalker@isds.org)

### **ISDS Foundation Dentists Support Program**

Chairman: Dr. William B. Hamel III  
Phone: 312.318.8810  
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### **Illinois State Dental Society Foundation**

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Email: [foundation@isds.org](mailto:foundation@isds.org)  
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Staff Contact: Jennifer Walker  
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## Indiana

### **Indiana Dental Association**

Phone: 317.634.2610  
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Executive Director  
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### **Indiana Well-Being Program**

Staff Contact: Ed Rosenbaum  
Phone: 800.562.5646  
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Staff Contact: Candace Backer  
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## Iowa

### **Iowa Dental Association**

666 Grand Avenue, Suite 901  
Des Moines, IA 50309  
Phone: 515.331.2298  
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### **Iowa Practitioner Program**

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### **Kansas Dental Association**

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### **Kansas Wellness Program**

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Web: [www.ksdental.org/resources/wellness-program](http://www.ksdental.org/resources/wellness-program)

Contact: Dr. Russell Coad  
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Email: [rlcoad@lakesidedentalks.com](mailto:rlcoad@lakesidedentalks.com)

### **Heart of America Professional Network**

Phone: 913-236-7575

## Kentucky

### **Kentucky Dental Association**

1920 Nelson Miller Parkway  
Louisville, KY 40223-2164  
Phone: 502.489.9121  
Web: [www.kyda.org](http://www.kyda.org)

### **Kentucky Professional Recovery Network (KYPRN)**

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## Louisiana

### Louisiana Dental Association

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### Healthcare Professionals' Foundation of Louisiana

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## Maine

### Maine Dental Association

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Web: [www.medental.org](http://www.medental.org)

### Medical Professionals Health Program

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Web: [www.mainemph.org](http://www.mainemph.org)

## Maryland

### Maryland State Dental Association

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Staff Contact: Greg Buckler, IOM, MBA,  
MSM., Executive Director  
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### MSDA Dentist Well-Being Committee

Staff Contact: Robert White, LCPC,  
Clinical Coordinator  
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## Massachusetts

### Massachusetts Dental Society

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Email: [madental@massdental.org](mailto:madental@massdental.org)  
Web: [www.massdental.org](http://www.massdental.org)

### Committee on Health and Wellness

Staff Contact: Janine Avery  
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### Massachusetts Behavioral Health Partnership (MBHP)

Phone: 800.495.0086  
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### Dentists Concerned for Dentists (DCD)

Staff Contact: Dr. Alan Budd  
Phone: 800.468.2004  
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Web: <https://dcdma.org>

## Michigan

### Michigan Dental Association

3657 Okemos Road, Suite 200  
Okemos, MI 48864-3927  
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Email: [mda@michigandental.org](mailto:mda@michigandental.org)  
Web: [www.smilemichigan.com](http://www.smilemichigan.com)

### Special Committee on Peer Review Health & Well Being

Staff Contact: Ginger Fernandez  
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Web: [www.michigandental.org/member-center/member-services/health-and-well-being](http://www.michigandental.org/member-center/member-services/health-and-well-being)

## Minnesota

### Minnesota Dental Association

1335 Industrial Boulevard N.E., Suite 200  
Minneapolis, MN 55413-4801  
Phone: 612.767.8400  
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Web: [www.mndental.org/members/wellness](http://www.mndental.org/members/wellness)

### Dentists Concerned for Dentists of Minnesota

Staff Contact: Dawn Jensen  
Phone: 651.275.0313  
Email: [Djensen@mndental.org](mailto:Djensen@mndental.org)  
Web: <http://dcdmn.com>

## Mississippi

### Mississippi Dental Association

439 Katherine Drive, #B  
Flowood, MS 39232-9781  
Phone: 601.664.9691  
Email: [connie@msdental.org](mailto:connie@msdental.org)  
Web: [www.msdental.org](http://www.msdental.org)

### MDA Member Support Service

Staff Contact: Tamra J. Shepherd  
Phone: 601.664.9691  
Email: [office@msdental.org](mailto:office@msdental.org)

### Professionals Health Network

Contact: Gary Carr, MD, Medical Director  
Phone: 601.261.9899  
Email:  
[dyoung@professionalshealthnetwork.com](mailto:dyoung@professionalshealthnetwork.com)

## Missouri

### Missouri Dental Association

3340 American Avenue  
Jefferson City, MO 65109  
Phone: 573.634.3436  
Email: [info@modental.org](mailto:info@modental.org)  
Web: [www.modental.org](http://www.modental.org)

### Dental Well Being Foundation

Staff Contact: Rebecca Mowen,  
Dental Well Being Program Administrator  
Phone: 314.435.1101  
Email: [wellbeing@modental.org](mailto:wellbeing@modental.org)  
Web: [www.modental.org/about-us/dental-well-being-foundation](http://www.modental.org/about-us/dental-well-being-foundation)

Staff Contact: Paul Roberts,  
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## Montana

### Montana Dental Association

P.O. Box 1154  
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Phone: 406.431.9508  
Staff Contact: Webb Brown,  
Executive Director  
Email: [Webb@MontanaDental.org](mailto:Webb@MontanaDental.org)  
Web: <https://montanadental.org>

### Montana Recovery Program for Healthcare Professionals

Phone: 833.397.7500  
Email: [Ask-MTRecovery@Maximus.com](mailto:Ask-MTRecovery@Maximus.com)  
Web: [www.montanarecoveryprogram.com](http://www.montanarecoveryprogram.com)

## Nebraska

### Nebraska Dental Association

7160 S. 29th, Suite 1  
Lincoln, NE 68516  
Phone: 402.476.1704  
Email: [nda@windstream.net](mailto:nda@windstream.net)  
Web: [www.nedental.org](http://www.nedental.org)

### Nebraska Licensee Assistance Program

Phone: 800.851.2336 or 402.354.8055  
Web: <https://bestcareeam.org/nebraska-licensee-assistance-program>

Contact: Dr. Bill Corcoran  
Phone: 402.630.2361  
Email: [corcoran2@cox.net](mailto:corcoran2@cox.net)

## Nevada

### Nevada Dental Association

8863 W. Flamingo Road, Suite 102  
Las Vegas, NV 89147  
Phone: 702.255.4211  
Email: [info@nvda.org](mailto:info@nvda.org)  
Web: [www.nvda.org](http://www.nvda.org)  
Staff Contact: Marianna Kacyra  
Email: [mkacyra@nvda.org](mailto:mkacyra@nvda.org)

### Northern Nevada Dental Society

Staff Contact: Lori Benvin,  
Executive Director  
Phone: 775.337.0296  
Email: [nnds@nndental.org](mailto:nnds@nndental.org)  
Web: [www.nndental.org](http://www.nndental.org)

### Nevada Professionals Assistance Program (NPAP)

Contact: Ben Seymour, CADDC  
Contact: Michel Sucher, MD  
Contact: Kristy Cole, Program Manager and Compliance Monitor  
Email: [kcole2@cbridges.com](mailto:kcole2@cbridges.com)  
Phone: 866.460.9014 or 480.343.2158  
Web: [www.fsphp.org/nevada](http://www.fsphp.org/nevada)

### Professional Recovery Network (PRN)

Contact: Mark Chase, MA, MBA, LCADC, CPC, CSAT-I  
Phone: 702.562.1230  
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## New Hampshire

### **New Hampshire Dental Society**

23 South State Street  
Concord, NH 03301-3721  
Phone: 603.225.5961  
Email: [nhds@nhds.org](mailto:nhds@nhds.org)  
Web: [www.nhds.org](http://www.nhds.org)

Contact: Dr. Mark Hartzler  
Phone: 978.944.0651  
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### **NH Professionals Health Program**

Staff Contact: Molly Rossignol  
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## New Jersey

### **New Jersey Dental Association**

One Dental Plaza  
North Brunswick, NJ 08902-4313  
Phone: 732.821.9400  
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### **Professional Assistance Program of New Jersey (PAPNJ)**

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Web: [www.papnj.org](http://www.papnj.org)

## New Mexico

### **New Mexico Dental Association**

9201 Montgomery Boulevard NE  
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Albuquerque, NM 87111  
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Staff Contact: Dr. Thomas Schripsema,  
Executive Director  
Email: [tschrip@nmdental.org](mailto:tschrip@nmdental.org)

Contact: Dr. Robert Gherardi  
Phone: 505.293-6125  
Email: [rgherardi2@comcast.net](mailto:rgherardi2@comcast.net)

### **New Mexico Health Professional Wellness Program**

Phone: 505.271.0800  
Contact: Adam Vareika, LCSW,  
Executive Director  
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Web: [www.nmhpwp.com](http://www.nmhpwp.com)

## New York

### **New York State Dental Association**

20 Corporate Woods Boulevard  
Suite 602  
Albany, NY 12211-2396  
Phone: 518.465.0044, ext. 251  
Email: [info@nysdental.org](mailto:info@nysdental.org)  
Web: [www.nysdental.org](http://www.nysdental.org)  
Staff Contact: Betsy Bray  
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### **NYSDA Committee Representative**

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### **Committee on Substance Abuse and Well-Being**

Staff Contact: Jacquie Donnelly  
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Contact: Dr. Robert J. Herzog,  
Peer Assistance Coordinator  
Phone: 716.830.3055  
Email: [rherzog@roadrunner.com](mailto:rherzog@roadrunner.com)

## North Carolina

### **North Carolina Dental Society**

1600 Evans Road  
Cary, NC 27513-2790  
Phone: 919.677.1396  
Email: [ncds@ncdental.org](mailto:ncds@ncdental.org)  
Web: [www.ncdental.org](http://www.ncdental.org)

### **North Carolina Caring Dental Professionals**

Contact: Dr. Bill Claytor,  
Executive Director  
Hotline: 704.284.3039  
Email: [bclaytor@nccaringdental.com](mailto:bclaytor@nccaringdental.com)  
Web: [www.nccaringdental.com](http://www.nccaringdental.com)

## North Dakota

### North Dakota Dental Association

P.O. Box 1332  
Bismarck, ND 58502-1332  
Phone: 701.223.8870  
Email: [info@smilenorthdakota.org](mailto:info@smilenorthdakota.org)  
Web: [www.smilenorthdakota.org](http://www.smilenorthdakota.org)  
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Executive Director  
Email: [wsherwin@smilenorthdakota.org](mailto:wsherwin@smilenorthdakota.org)

## Ohio

### Ohio Dental Association

1370 Dublin Road  
Columbus, OH 43215-1049  
Phone: 614.486.2700  
Email: [dentist@oda.org](mailto:dentist@oda.org)  
Web: [www.oda.org](http://www.oda.org)

### Dentists Concerned for Dentists (DCD)

Staff Contact: Suzanne Brooks  
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Web: [www.oda.org/member-center/health-and-wellness](http://www.oda.org/member-center/health-and-wellness)

## Oklahoma

### Oklahoma Dental Association

317 NE 13th Street  
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Phone: 405.848.8873  
Email: [information@okda.org](mailto:information@okda.org)  
Web: [www.okda.org](http://www.okda.org)  
Staff Contact: Shelly Frantz  
Phone: 405.848.8873  
Email: [sfrantz@okda.org](mailto:sfrantz@okda.org)

### Oklahoma Health Professionals Program

Staff Contact: Jen Boren, Program Manager  
Phone: 405.601.2536 or 800.522.0452  
Email: [ohpp@okmed.org](mailto:ohpp@okmed.org)  
Web: <https://okhpp.org>

## Oregon

### Oregon Dental Association

P.O. Box 3710  
Wilsonville, OR 97070-3710  
Phone: 503.887.7773  
Staff Contact: Dr. Barry Taylor,  
Executive Director  
Email: [btaylor@oregondental.org](mailto:btaylor@oregondental.org)  
Web: [www.oregondental.org](http://www.oregondental.org)

### ODA Wellness Program

Contact: Dr. Julie Spaniel  
Phone: 503.906.8300  
Office Phone: 802.598.1112  
Email: [djsdds1@gmail.com](mailto:djsdds1@gmail.com)  
Web: [www.oregondental.org/member-center/benefits-of-membership/wellness-initiative](http://www.oregondental.org/member-center/benefits-of-membership/wellness-initiative)

## Pennsylvania

### Pennsylvania Dental Association

3501 N. Front Street  
Harrisburg, PA 17105-3341  
Phone: 717.234.5941  
Email: [ckc@padental.org](mailto:ckc@padental.org)  
Web: [www.padental.org](http://www.padental.org)

### Concerned Colleague Committee

Staff Contact: Kathleen Bumpers  
Phone: 717.234.5941, ext. 102  
Email: [kek@padental.org](mailto:kek@padental.org)

### Pennsylvania Physician's Health Program (PHP)

Phone: 866.747.2255  
Email: [php-foundation@pamedsoc.org](mailto:php-foundation@pamedsoc.org)  
Web: [www.foundationpamedsoc.org/physicians-health-program/php-services](http://www.foundationpamedsoc.org/physicians-health-program/php-services)

## Rhode Island

### Rhode Island Dental Association

875 Centerville Road, Building 4, Suite 12  
Warwick, RI 02886-4381  
Phone: 401.825.7700  
Web: [www.ridental.com](http://www.ridental.com)  
Contact: Dr. Robert Bartro  
Email: [bob@ridental.com](mailto:bob@ridental.com)

### Rhode Island Medical Society's Physician Health Program

Staff Contact: Kathleen Boyd, MS., LICSW,  
Program Director  
Phone: 401.443.2383  
Email: [kboyd@rimed.org](mailto:kboyd@rimed.org)  
Web: <https://rimedicalsociety.org/physician-health-program>

## South Carolina

### South Carolina Dental Association

120 Stonemark Lane  
Columbia, SC 29210-3841  
Phone: 800.327.2598 or 803.750.2277  
Web: [www.scda.org](http://www.scda.org)  
Staff Contact: Phil Latham,  
Executive Director  
Email: [lathamp@scda.org](mailto:lathamp@scda.org)

### South Carolina Recovering Professional Program

Phone: 803.896.5700 or 877.349.2094  
Contact: Tia Cooper, MA, LAC, AADC,  
NCACI, Program Director  
Email: [tcooper@lradac.org](mailto:tcooper@lradac.org)  
Web: <https://scrpp.org>

## South Dakota

### South Dakota Dental Association

804 N. Euclid Avenue, Suite 103  
Pierre, SD 57501-1719  
Phone: 605.224.9133  
Email: [info@sddental.org](mailto:info@sddental.org)  
Web: [www.sddental.org/member-center/member-wellness-service](http://www.sddental.org/member-center/member-wellness-service)  
Contact: Dr. Paul Knecht, Executive Director  
Phone: 605.609.1155  
Email: [paul.knecht@sddental.org](mailto:paul.knecht@sddental.org)

### South Dakota Health Professionals Assistance Program (HPAP)

Phone: 605.275.4711  
Web: [www.mwhms.com/hpap](http://www.mwhms.com/hpap)

## Tennessee

### Tennessee Dental Association

660 Bakers Bridge Avenue, Suite 300  
Franklin, TN 37067-6461  
Phone: 615.628.0208  
Email: [tda@tenndental.org](mailto:tda@tenndental.org)  
Web: [www.tndentalassociation.com](http://www.tndentalassociation.com)

### Tennessee Dental Wellness Foundation

Contact: Dr. David Sain, Director  
Phone: 615.628.3200  
Email: [info@tndentalwellness.com](mailto:info@tndentalwellness.com)  
Web: <https://tndentalwellness.com>

## Texas

### Texas Dental Association

1946 South Interstate  
Austin, TX 78704-3644  
Phone: 512.443.3675  
Email: [tda@tda.org](mailto:tda@tda.org)  
Web: [www.tda.org](http://www.tda.org)  
Staff Contact: Staci Rives  
Email: [srives@tda.org](mailto:srives@tda.org)

### Professional Recovery Network of Texas

Hotline: 800.727.5152  
Web: [www.txprn.com](http://www.txprn.com)  
Contact: Raquel Leal, LPC,  
Program Director

## Utah

### Utah Dental Association

1151 E. 3900 South, Suite 160  
Salt Lake City, UT 84124-1216  
Phone: 801.261.5315  
Email: [uda@uda.org](mailto:uda@uda.org)  
Web: [www.uda.org](http://www.uda.org)  
Staff Contact: David Litvack

### Utah Professionals Health Program

Staff Contact: Kelli Jacobsen, MSW, LCSW,  
Program Manager  
Phone: 801.530.6291  
Email: [kellijacobsen@utah.gov](mailto:kellijacobsen@utah.gov)  
Web: <https://uphp.utah.gov>

### Utah Crisis Line

Phone: 800.273.Talk (8255)

### Utah Dept. of Health & Human Services

Location Map  
Web: <https://sumh.utah.gov/contact/location-map>  
Prevention, Treatment & Recovery Supports  
Web: <https://sumh.utah.gov/services>

## Vermont

### Vermont State Dental Society

1 Kennedy Drive, Suite L3  
South Burlington, VT 05403-7165  
Phone: 802.864.0115  
Email: [info@vsds.org](mailto:info@vsds.org)  
Web: [www.vsds.org](http://www.vsds.org)  
Staff Contact: Patrick Gallivan,  
Executive Director  
Email: [Patrick.Gallivan@vsds.org](mailto:Patrick.Gallivan@vsds.org)

## Virginia

### **Virginia Dental Association**

3460 Mayland Court, Suite 110  
Richmond, VA 23233  
Phone: 804.288.5750  
Email: [info@vadental.org](mailto:info@vadental.org)  
Web: [www.vadental.org](http://www.vadental.org)

### **Council on Caring Dentists**

Contact: Dr. Bruce W. Overton, chair  
c/o Lynn Wisman  
Phone: 804.523.2190  
Email: [wisman@vadental.org](mailto:wisman@vadental.org)

## Washington

### **Washington State Dental Association**

126 N.W. Canal Street  
Seattle, WA 98107-4970  
Phone: 206.448.1914  
Email: [info@wsda.org](mailto:info@wsda.org)  
Web: [www.wsda.org](http://www.wsda.org)

### **Washington State Physicians Health Program**

Staff Contact: Chris Bundy, MD, MPH,  
Executive Medical Director  
Email: [rvillarreal@wphp.org](mailto:rvillarreal@wphp.org)  
Phone: 206.583.0127  
Web: [www.wphp.org](http://www.wphp.org)

## West Virginia

### **West Virginia Dental Association**

2016 1/2 Kanawha Boulevard East  
Charleston, WV 25311-2204  
Phone: 206.448.1914  
Email: [info@wvdental.org](mailto:info@wvdental.org)  
Web: [www.wvdental.org](http://www.wvdental.org)

### **West Virginia Dental Recovery Network**

Contact: Dr. Mike Brown, Executive Director  
Phone: 304.533.6844  
Email: [mbrown@wvprn.com](mailto:mbrown@wvprn.com)  
Web: <https://wvdrn.com/>

## Wisconsin

### **Wisconsin Dental Association**

6737 W. Washington Street, Suite 2360  
West Allis, WI 53214  
Phone: 414.276.4520  
Staff contact: Mark Paget, Executive  
Email: [mpaget@wda.org](mailto:mpaget@wda.org)  
Web: [www.wda.org](http://www.wda.org)

### **Wisconsin Dental Association Foundation, Inc. Dentists Concerned for Dentists Program**

Staff Contact: Vicki Bohman  
Phone: 414.755.4198  
Email: [vbohman@wda.org](mailto:vbohman@wda.org)

## Wyoming

### **Wyoming Dental Association**

2700 Carey Ave.  
Cheyenne, WY 82001  
Phone: 307.237.1186  
Email: [wyodental@gmail.com](mailto:wyodental@gmail.com)  
Web: [www.wyda.org](http://www.wyda.org)  
Staff Contact: Wendy Owen,  
Executive Director

### **Wyoming Professional Assistance Program**

Staff Contact: Candice Cochran, MSPR,  
Executive Director  
Email: [candicec@wpapro.org](mailto:candicec@wpapro.org)  
Phone: 307.472.1222  
Web: <https://wpapro.org>





## ADA Resources

Frequently, you may have questions that require the attention of staff with expertise in a variety of areas. Please contact our member service center at: 312.440.2500.

### **ADA Wellness Website**

ADA.org/wellness

### **Additional Resources**

#### **AA World Services**

Phone: 212.870.3400

Web: [www.aa.org](http://www.aa.org)

#### **AL-ANON**

Phone: 888.425.2666 or 757.563.1600

Web: <https://al-anon.org>

#### **American Academy of Addiction Psychiatry**

Phone: 401.524.3076

Web: [www.aaap.org](http://www.aaap.org)

#### **988 Suicide and Crisis Lifeline**

Dial: 988

Or text HOME to 741741 at the Crisis Text Line

Web: [988lifeline.org](http://988lifeline.org)

#### **American Foundation for Suicide Prevention**

Phone: 888.333.2377

Web: <https://afsp.org>

#### **Centers for Disease Control and Prevention**

Public Inquiries: 800.232.4636

Web: [www.cdc.gov](http://www.cdc.gov)

#### **Federation of State Physician Health Programs**

Phone: 978.347.0600

Web: [www.fsphp.org](http://www.fsphp.org)

#### **Hope for the Day**

Web: [www.hftd.org](http://www.hftd.org)

#### **National Library of Medicine**

Web: [www.nlm.nih.gov](http://www.nlm.nih.gov)

#### **National Association for Children of Addiction**

Phone: 301.468.0985

Web: [www.nacoa.org](http://www.nacoa.org)

#### **National Institute on Alcohol Abuse and Alcoholism**

Email: [AskNIAAA@NIH.gov](mailto:AskNIAAA@NIH.gov)

Phone: 301.443.3860

Web: [www.niaaa.nih.gov](http://www.niaaa.nih.gov)

#### **Substance Abuse and Mental Health Services Administration (SAMHSA)**

Phone: 800.662.4357

Web: [www.findtreatment.gov](http://www.findtreatment.gov)

#### **National Alliance for Mental Illness (NAMI)**

Phone: 800.950.6264

Web: [www.nami.org](http://www.nami.org)

#### **Providers Clinical Support System (PCSS)**

Phone: 855.227.2776

Web: <https://pcssnow.org>



## 2022 ADA Dental Wellness Ambassadors

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Trustee District 15  
alexgbarrera@gmail.com

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kdfdoc@gmail.com

Dr. David Lesansky  
Trustee District 16  
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