



# **Quality Measurement 103**

# Measurement in Action Improving Outcomes Through the Use of Quality Measures



# Before We Begin...

- This Webinar does not have a LIVE Q&A session. However, throughout this webinar, questions can be asked via the Q&A icon on the toolbar. All questions will be compiled and responded to via email.
- Continuing Education Credit will be provided to attendees upon completion of a post-webinar survey. In order to complete this post-webinar survey, please do not close your browser at the end of the webinar.
- Continuing Education Credit Letters will be sent within 10 business days to the email used for registration.



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# **MEASURE and IMPROVE**



## The Golden Rules of Measurement for Improving Oral Health Through Measurement **Improvement**







#### Participants will:

- Learn how quality measures are being used at the plan and program levels to support improvement and outcomes.
- Explore the Delta Dental of Massachusetts
   Prevention Focused program implemented to improve oral health for adults and children.
- Discover the key components of the Boston
   Children's Hospital Early Childhood Caries
   Collaborative Project implemented to reduce the incidence of early childhood caries.

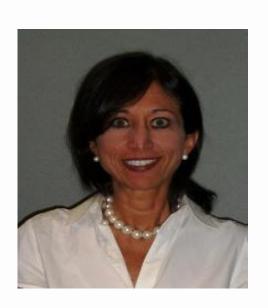
# Speakers



Improving Oral Health Through Measurement

Linda Vidone, DMD

Vice President, Clinical Management Delta Dental of Massachusetts



### Man Wai Ng, DDS, MPH

Dentist-in-Chief, Department of Dentistry
Boston Children's Hospital
Associate Professor, Developmental
Biology, Harvard School of Dental
Medicine





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# Prevention Focused Program





### **Dental Disease Science**

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#### **Dental Diseases**

- Caries
- Periodontal Disease



- Diabetes
- Cardiovascular disease
- Coronary artery disease

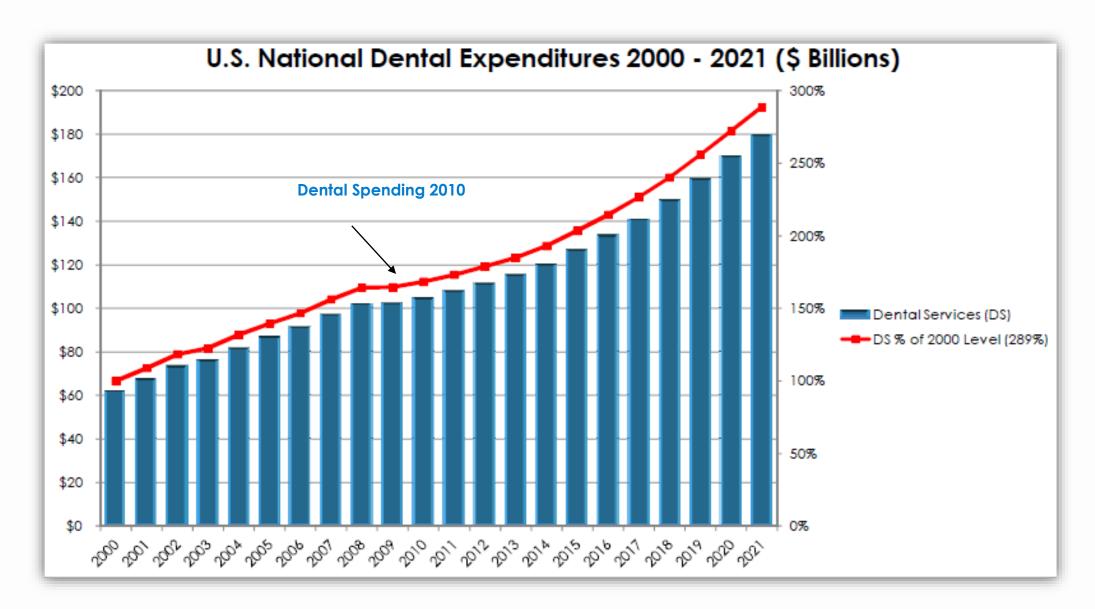


FACT: Dental Disease Nearly 100% Preventable

# Dental Spending Expected to Keep Climbing



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Source: The Centers for Medicare and Medicaid Services. National Health Expenditure Projections 2010-2020

# Traditional Approach to Dental Benefits

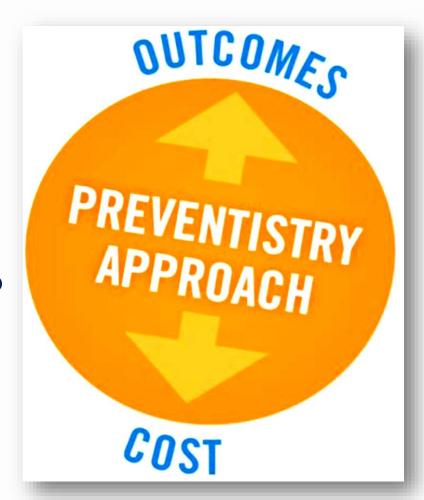


- Traditional approach:
  - -Benefit programs are usually one-size-fits-all
  - -Resources not targeted for higher-risk patients
- Obstacles to innovation:
  - No diagnostic codes to measure presence and severity of disease
  - -No code-set to capture risk status of patients

# Solution: Prevention Focused Program



- Benefits and supporting programs that are more patient centered and effective, which can produce improved health outcomes and help control costs.
- Thoughtful integration of benefits, programs and policies to promote prevention-focused oral healthcare in order to achieve our vision of a world free of dental disease.
- Empowers dentists and engages members to take a more active role in improving oral health by providing coverage and practical information about important preventive services.
- Our philosophy is to improve oral health and control costs.



# **Provider Incentive Program**



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An innovative program that helps dentists do what they care about most, improve oral health.



#### The Preventistry<sup>sM</sup> Incentive

Strengthening the partnership between dentist and patient to reduce dental disease

Preventistry<sup>SM</sup> Patient Reports

Higher-Risk Children with Caries ■ Higher-Risk Adults with Periodontal Disease

Prevention and early diagnosis are fundamental to sustaining good oral health and keeping dental care affordable and accessible. Delta Dental of Massachusetts knows that you are committed to keeping your patients healthy with basic preventive treatments.

In 2011, Delta Dental of Massachusetts will begin providing participating primary care dentists (general dentists and pediatric dentists) in the Delta Dental PPO network in Massachusetts a semi-annual, customized Preventistry Patient Report to help you identify specific higher-risk! Delta Dental members in your practice who should benefit the most from preventive and therapeutic (and covered-) treatments. These reports are the newest tool from Delta Dental of Massachusetts to support disease management and prevention.

Beginning in 2012, Delta Dental of Massachusetts will pay a bonus to dentists participating in the Delta Dental PPO network in Massachusetts who successfully reach a threshold for getting their higher-risk Delta Dental PPO patients to return for the recommended treatments.

1 All monkers are considered so be as risk by Delso Densal because low risk does not mean no risk. Therefore, we use the serm higher risk to differentiate show months in the considered modern as higher risk no differentiate show members who was the considered low risk.
2 Specific economic necessions was apply.

**Delta Dental of Massachusetts** 



## **Quality in Health Care**

- Improving Oral Health Through Measurement
- The degree to which health services for individuals and populations increase the likelihood of desired health outcomes and are consistent with current professional knowledge.
- This contains two concepts:
  - -measurement and knowledge





Medicare: A Strategy for Quality Assurance. IOM 1990

# Rating System for Scientific Evidence



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#### TABLE 1

System used for grading the evidence.					
GRADE	CATEGORY OF EVIDENCE				
la	Evidence from systematic reviews of randomized controlled trials				
lb	Evidence from at least one randomized controlled trial				
lla	Evidence from at least one controlled study without randomization				
ПР	Evidence from at least one other type of quasi-experimental study				
ш	Evidence from nonexperimental descriptive studies, such as comparative studies, correlation studies, cohort studies and case-control studies				
Evidence from expert committee reports or opinions or clinical experience of respected authorities					
* Amended with permission of the BMJ Publishing Group from Shekelle and colleagues. <sup>27</sup>					

#### TABLE 2

# System used for classifying the strength of recommendations.

CLASSIFICATION	STRENGTH OF RECOMMENDATIONS
A	Directly based on category I evidence
В	Directly based on category II evidence or extrapolated recommendation from category I evidence
С	Directly based on category III evidence or extrapolated recommendation from category I or II evidence
D	Directly based on category IV evidence or extrapolated recommendation from category I, II or III evidence



### Fluoride Recommendation

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RISK CATEGORY	AGE CATEGORY FOR RECALL PATIENTS							
	< 6 Years			6 to 18 Years				
	Recommendation	Grade of Evidence	Strength of Recommendation	Recommendation	Grade of Evidence	Strength of Recommendation		
Low	May not receive additional benefit from professional topical fluoride application*	Ia	В	May not receive additional benefit from professional topical fluoride application*	Ia	В		
Moderate	Varnish application at 6-month intervals	Ia	A	Varnish application at 6-month intervals OR Fluoride gel applica- tion at 6-month intervals	Ia Ia	A A		
High	Varnish application at 6-month intervals OR	Ia Ia	$f A$ $f D^{\dagger}$	Varnish application at 6-month intervals OR	Ia Ia	A A <sup>†</sup>		
	Varnish application at 3-month intervals	la	D	Varnish application at 3-month intervals OR Fluoride gel applica- tion at 6-month	Ia	A		
				intervals OR Fluoride gel application at 3-month intervals	IV	D‡		

Professional applied topical fluoride: Evidence-based clinical recommendations. ADA Council on Scientific Affairs. JADA 2006;137;1151-1159

# Frequency for Periodontal Maintenance (PM)



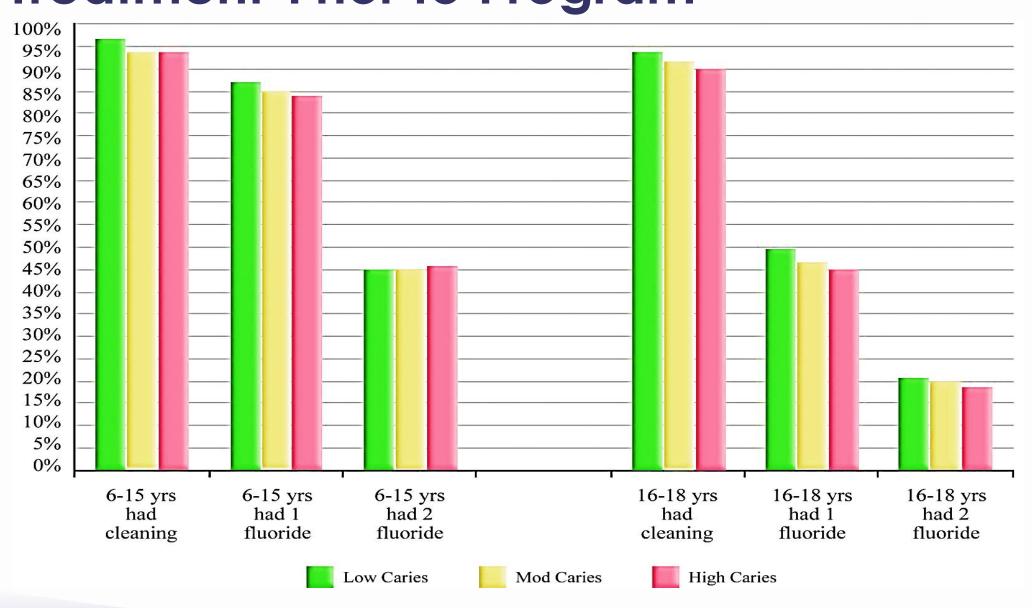
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- Many patients presenting with recurrent gingivitis without additional attachment loss after definitive periodontal therapy may be adequately maintained with PM performed semiannually. However, for most patients with a history of periodontitis, numerous clinical studies suggest that PM should be performed at intervals of less than 6 months.
- In general, data suggest that most patients with a previous history of periodontitis should obtain PM <u>at</u> <u>least four times per year</u>, since that interval will result in a decreased likelihood of progressive disease, compared to patients receiving PM on a less frequent basis.

Periodontal Maintenance (2003) J Periodontal 2003;74:1395-1401

# Children's Compliance with Recommended Fluoride Treatment-Prior to Program

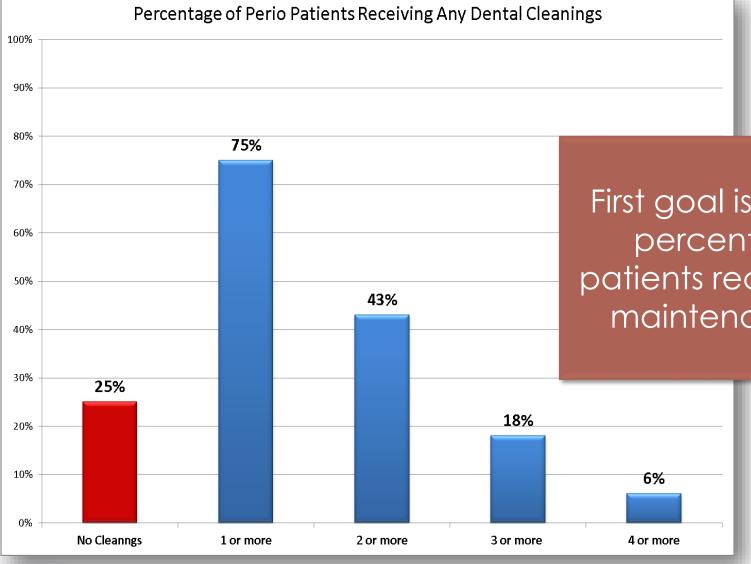




# Adult Compliance with Recommended Treatment – Prior to Program



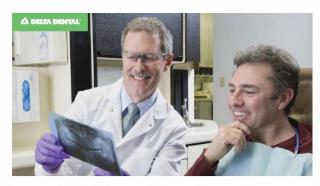
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First goal is to increase the percentage of perio patients receiving at least 2 maintenances per year

# Provider Receive a Patient Report DQA DENTAL QUALITY ALLIANCE®

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#### The Preventistry<sup>SM</sup> Incentive

Strengthening the

Step 1

Higher-Risk Childr

Prevention and early diagnosis are fur and accessible. Delta Dental of Massabasic preventive treatments.

In 2011, Delta Dental of Massachusett and pediatric dentists) in the Delta De Patient Report to help you identify spe the most from preventive and therape Dental of Massachusetts to support di

Beginning in 2012, Delta Dental of M PPO network in Massachusetts who s patients to return for the recommend.

1 All marshers are considered to be as risk by Datas Denial would be considered moderate or high risk from shose con △ DELTA DENT

#### Pre.ven.tist.ry™ Philosophy

A New Approach to Dental Benefits from Delta Dental of Massachusetts.

At Deita Dental of Massachusetts, improving oral health is our number one priority. That's why we are embracing the Preventitry philosophy, a multi-faceted approach to oral health care that recognizes the important roles of dentists, patients and the insurer in improving oral health.

The Preventistry approach includes:

- Partnering with dentists to improve the oral health of our members, with tools that help dentists identify higherrisk patients, and incentives that reward successful care management
- Educating members about the importance of oral health care and ways to prevent oral disease
- Identifying members with dental disease (specifically those with caries and periodontal disease) and providing
  information on ways they can effectively manage their disease and
- · Providing additional, evidence-based benefits to members that need them

Partnering with Dentits: — We provide our dentits with Preventistry Patient Reports that assist them in identifying and reaching out to higher-risk patients, and enhanced benefits to ensure that these higher-risk patients stay healthy.

Partnering with Accounts — We provide medium and large-size accounts an annual Preventistry (Oral Health Report which presents a snapshot of the oral health status of the company's employees, as well as the amount of preventive care they've received and comparative benchmarks for companies in similar industries.

Enhanced Benefits\* We continue to lead the industry in making the latest innovative, evidence-based benefits available to our members, including coverage for Chlorhesidine mouth rinse and prescription-strength fluoride toothpaste for members with periodontal cliesces, and extended sealant coverage for members ago in 51-89 who have had a recent cavity. We also cover periodontal cleanings (up to 4 per year) as a Type I benefit for members who have had scaling and root planing and are in periodontal maintenance.

New Member Education — We send all new members information on the importance of maintaining good oral health, ways to prevent dental disease from occurring, and a reminder to visit their dentist regularly.

Outreach to Members with Dental Disease - Members with dental disease receive information or

- Managing Gum Disease Targeted to those with periodontal disease, this brochure talks about what gum
  disease is, treatment options, things members should do at home to improve their or all health, and items they
  should speak to their dentist about including Chlorhexidine mouth rinse and prescription-strength fluoride
  toothpaste.
- Preventing Cavities Sent to the parents of children 15 and younger who have had a recent cavity, this
  brochure talks about what causes cavities, how to prevent future cavities and services they should speak to their
  dentist about including sealants and flouride.
- Sealants Parents of children age 16 up to age 19 who have had a recent cavity receive this brochure that
  explains what sealants are, why they are beneficial, how they are applied, and who should get them.

"Enhanced benefits are included in all standard Delta Dental PPO and Delta Dental Premier plans.

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- Dentists in the MA PPO network receive reports identifying high-risk members
- Children ages 6-18 with a history of cavities were targeted for fluoride treatments
- Adults ages 19 and older with a history of gum disease were targeted for periodontal maintenance

#### The Preventistry<sup>SM</sup> Incentive

#### PREVENTISTRY PATIENT REPORT FOR HIGHER-RISK CHILDREN AND ADULIS ERICA MARTIN DMD PC

6622879810 - 01

TREATMENT FROM JANUARY 1, 2010, THROUGH JUNE 30, 2010

CHILDREN AT HIGHER RISK FOR CARIES					
LAST NAME	FIRST NAME	DATE OF BIRTH	TREATMENT	DATE OF TREATMENT	
ARENAS	MARIA	3/30/95	FLUORIDE TREATMENT	2/16/10	
BARSTOW	MARTIN	3/21/93			
CONNORS	JESSICA		FLUORIDE TREATMENT	6/30/10	
DUSTIN	OWEN	3/8/96	FLUORIDE TREATMENT	2/16/10	
GLEASON (d)	HARRY	3/13/94	FILUORIDE TREATMENT (C)	6/11/10	
HARRISON	MICHAEL.	11/12/91			
HARRISON	SAMUEL	12/9/93			
HELLMAN	TREVOR	11/12/91		0	
LEWISON	EVELYN	9/15/02	FLUORIDE TREATMENT	( ) 5/30/10	
NESTOR	CONNOR	8/19/01	FLUORIDE TREATMENT	3/1/10	
REMY	DAVID	8/1/94	FLUORIDE TREATMENT	4/21/10	
SYMONDS	EUGENE	10/7/99	FLUORIDE TREATMENT	5/21/10	



12	NUMBER OF HIGHER-RISK CHILDREN:
- 8	NUMBER OF HIGHER-RISK CORLOREN TREATED
67%	PERCENT OF HIGHER-RISK CHILDREN TREATED:

Includes claims processed through July 31, 2010

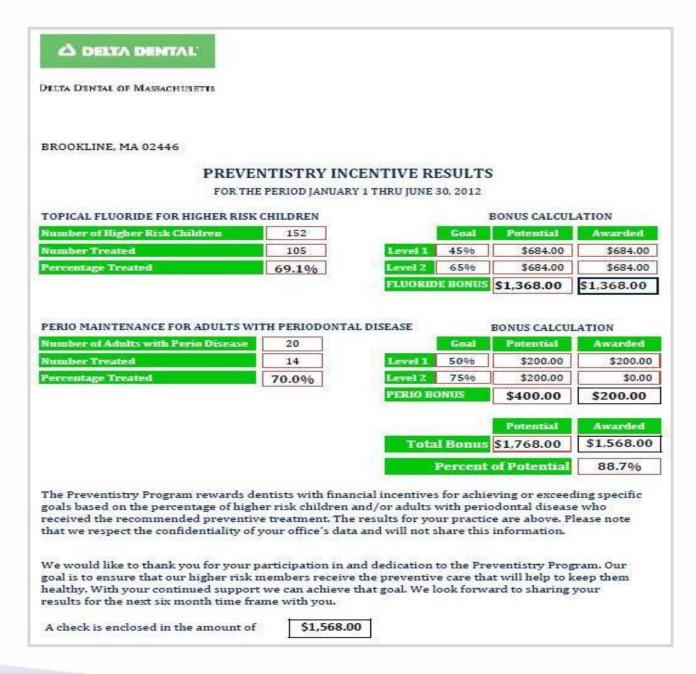
LAST NAME	FIRST NAME	DATE OF BIRTH	TREATMENT	DATE OF TREATMENT
AMELYN	VANESSA	3/10/53	MAINTENANCE	1/4/10
DISANTOS	STEVEN	7/31/72		
GREGORIO	LESTER	5/18/65	MAINTENANCE	2/11/10
KOUZNETSOV	VLADIMIR	3/26/49		
KELLY	MEGAN	5/12/47	MAINTENANCE	5/12/10
MAZZOTTA	MICHAEL	2/18/77	MAINTENANCE	3/25/10
MELLON	BARBARA	1/4/53		
OESTERHAUS	SOPHIA	6/19/56	MAINTENANCE	6/17/10
PRATT	MAUREEN	10/10/43	MAINTENANCE	1/25/10
STODDARD	HELEN	12/14/81		

NUMBER OF ADULTS AT RISK FOR PERIODONIAL DISEASE.	10
NUMBER OF ADULTS AT RISK FOR PERIODONTAL DISEASE TREATED:	6
PERCENT OF ADILLTS AT RISK FOR PERIODONTAL DISEASE TREATED:	60%

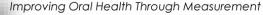


# The Incentive For Providers Step 2

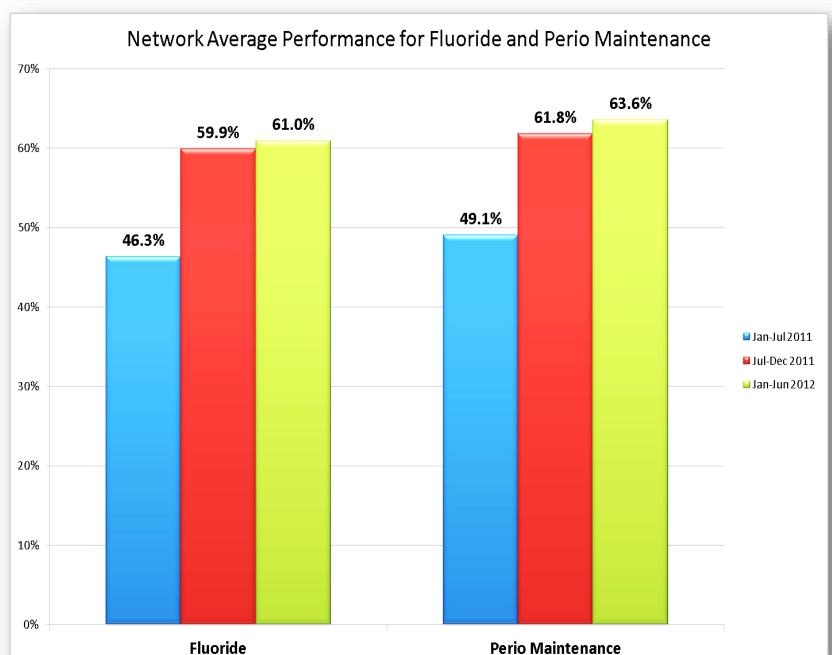








- Percentage of High Risk children receiving fluoride increased from 46% to 61%
- Percentage of high risk adults receiving periodontal maintenance raised from 49% to 63%.



# Timeline Incentive Program Fluoride and Perio Maintenance



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Focus groups of dentists and office managers

Sent list of higher risk patients

Measured performance for July-Dec. 2011
Paid Bonuses

Measured
performance
for Jan –
June 2012
Paid Bonuses

Summer 2010

Fall 2010

Feb. 2011

August 2011

Feb. 2012

August 2012

Introduced to Network with informational materials

Measured performance for Jan-June 2011 Sent Reports

Introduced Incentive July-Dec. 2011

### **Prevention Incentive Results**



	Jan – Jun 2012	Jul – Dec 2011	Jan – Jul 2011
Percent of higher risk children receiving fluoride	61%	60%	46%
Percent of perio patients receiving maintenance	64%	62%	49%
Top Office Bonus Amount	\$7,947	\$6,714	
Top 10 Offices Averaged	\$4,770	\$4,120	
Top 25 Offices Averaged	\$3,098	\$2,699	
Top 50 Offices Averaged	\$2,076	\$2,024	
Top 100 Offices Averaged	\$1,362	\$1,340	
Average for all offices receiving bonus	\$350	\$362	
Percent of dentists receiving bonus for fluoride	62%	58%	
Percent of dentists receiving bonus for perio	78%	75%	
Percent of offices receiving any bonus	85%	83%	
		In	crease in awards
Number of locations receiving fluoride bonus	430	385	12%
Number of locations receiving perio bonus	506	471	7%
Number of offices receiving any bonus	627	580	8%
Total fluoride bonus	\$116,906	\$109,359	
Total Perio Bonus	\$102,160	\$100,310	
TOTAL BONUSES	\$219,066	\$209,669	

- Improved quality of care
- Reimbursed for quality not just quantity



# **Prevention Focused Program**

- We're creating powerful incentives to increase preventive care.
- We're increasing access to quality, affordable care.
- We're helping at-risk patients take charge of their oral health.
- We're working to eradicate dental disease.



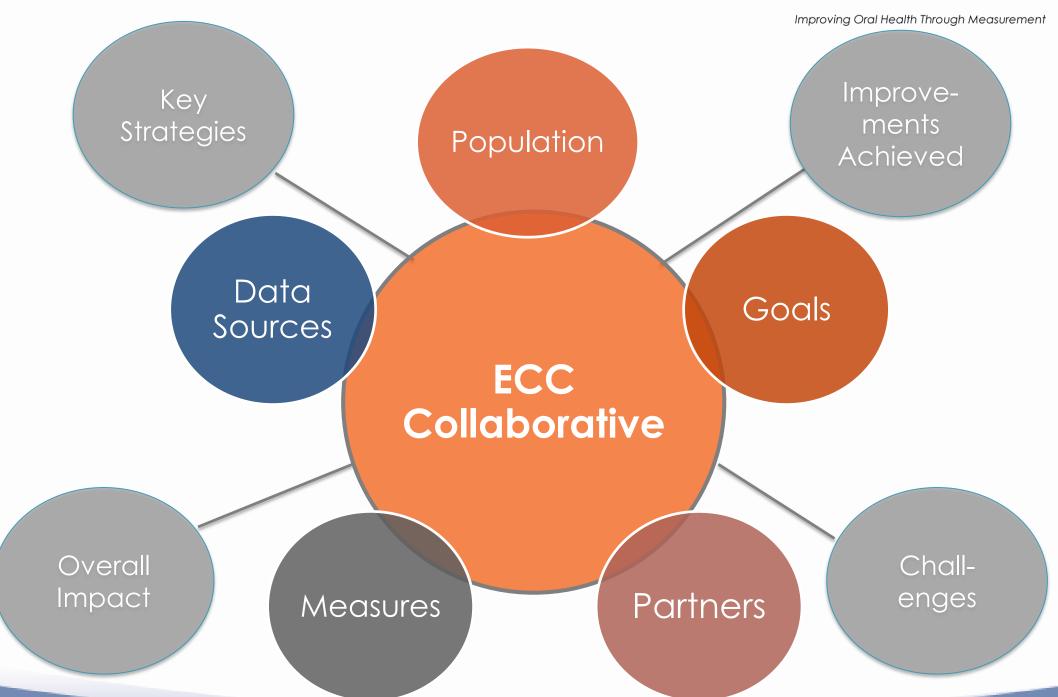
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# Early Childhood Caries (ECC) Collaborative









### **ECC Collaborative**

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#### **Purpose**

- Reduce ECC in children at Boston Children's Hospital and St. Joseph Health Services as a demonstration project
- Following favorable outcomes, launched two additional phases with over 35 additional dental practices

#### **Improvement Goal**

 Facilitate adoption of disease management (DM) approaches into clinical practice

#### **Key Strategies and Processes**

- Learning collaborative model
- Institute for Healthcare Improvement's Breakthrough Series
- Project Tools and Resources (logic models, risk assessments, patient goal-setting, and fluoride use)
- Disease management clinical protocol

# **Opportunity for Improvement**



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DM

- Focused prevention
- Assess and manage risk
- Support behavior change
- Repair defects





- Applying evidence
- Changing processes
- Training workforce
- Educating parents
- Using information technology
- Aligning payment

- Prevention essentially the same for everyone
- Little focus on self-management
- 6-month recall visits
- Restore teeth



# What did we do? ECC Collaborative



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2008

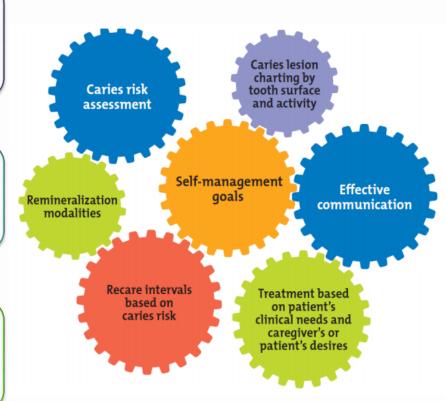
 Phase I: 18 month risk-based CDM model was developed, tested and implemented as a demonstration project demonstration at Boston Children's Hospital and St. Joseph Hospital (RI)

2010

 Phase 2: 18-month QI Learning Collaborative with 7 teams to further test and refine the CDM clinical protocol

2012

 Phase 3: 18 month QI Learning Collaborative launched with over 30 teams across the US to engage dental practices to adopt and spread CDM



\*Funded by DentaQuest Institute

2015

- ECC Virtual Learning Sessions (Real-time webinars and ondemand recordings)
- Clinician Companion to Dental Caries Management

# Team-based ECC DM Clinical Protocol



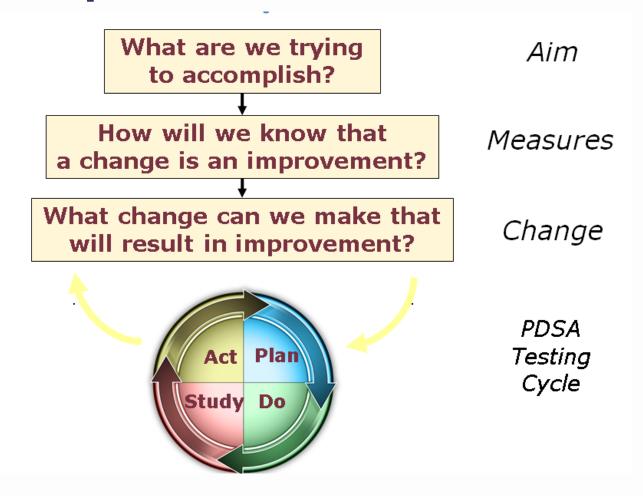
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#### Initial or Recare Visit Inclusion Criteria · At least one tooth with caries (cavitation and/or Review medical and dental history (DA/H/D) demineralization) Perform abbreviated CRA (DA/H/D) Or a history of caries Perform Clinical exam (D) Perform Caries charting (DA/H/D) Take radiographs if indicated and possible (DA/H) Effective Communication and Assess cooperation (DA/H/D) Self-Management Goal Setting Apply <u>SDF</u> (D) or <u>FV</u> (H) Explain caries process and causes of ECC (DA/H/D) Coaching and SM goal setting (DA/H/D)) Use Handouts and Flipcharts (H) Chronic Disease Management Visits\*\* Perform abbreviated CRA (DA/H/D) Restorative/Surgical Treatment Perform Clinical exam (D) as indicated and desired Perform Caries charting (DA/H/D) Take radiographs if indicated and possible (DA/H). Restorative treatment (D) Revisit SM goals (DA/H/D) ITR (D) Assess cooperation (DA/H/D) Sealants (H or D) Apply SDF (D) or FV (H) GA/OR or sedation (D) \*\*For Children at High Risk \*\*For Children at Medium Risk \*\*For Children at Low Risk Next DM visit in 1-3 months Next DM visit in 3-6 months Next DM visit in 6-12 months (H) = Hygienist's role (D) = Dentist's role (DA) = Dental assistant's role ECC = early childhood caries ITR = interim therapeutic restoration GA/OR = general anesthesia/operating room DM = disease management CRA = caries risk assessment SM = self management SDE = silver diamine fluoride FV = fluoride varnish





## **Model for Improvement**



### **ECC Collaborative**



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#### **Essential Partners**

- Dental Practices
- Hospitals, Clinics, Private Practices, and Dental Schools
- Dental Providers
- Parents

#### **Key Measures**

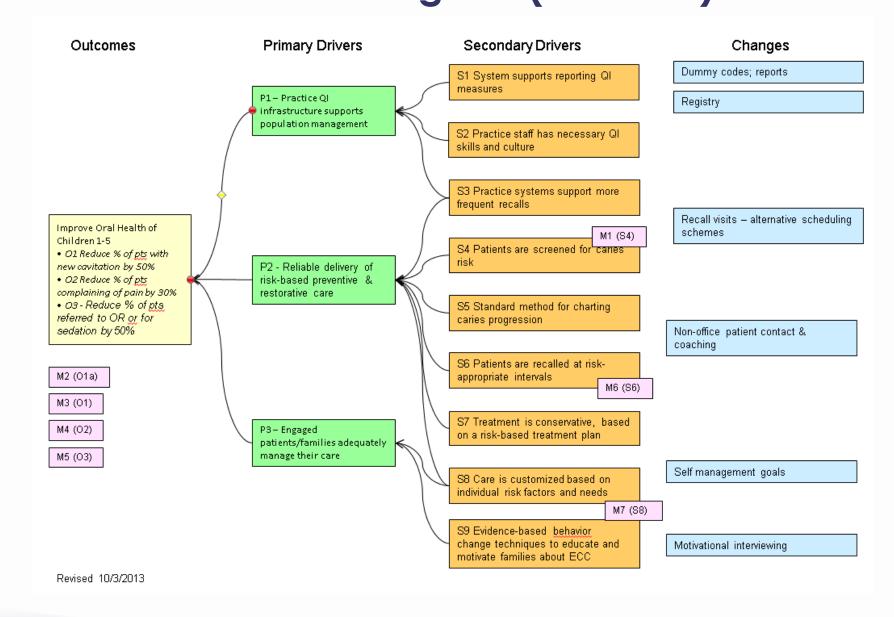
- Reduce % of children with newly cavitated lesions
- Reduce % of children with pain
- Reduce % of children with referrals to the operating room

#### **Observed Improvements**

Phase	Location	Reduction in New Cavitation	Reduction in Pain	Reduction in Referrals to OR
Phase 1	Boston Children's	65.3%	38.2%	47.8%
Phase 1	St. Joseph	57.5%	23.3%	67.8%
Phase 2	Aggregate	28%	27%	36%



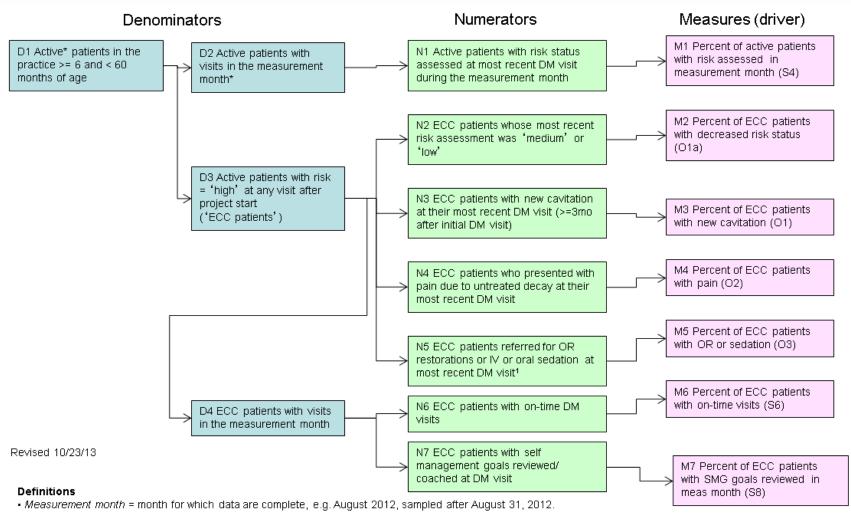
# DentaQuest Institute Early Childhood Caries Collaborative Driver Diagram (Phase III)



# ECC Phase III Measures Structure Diagram



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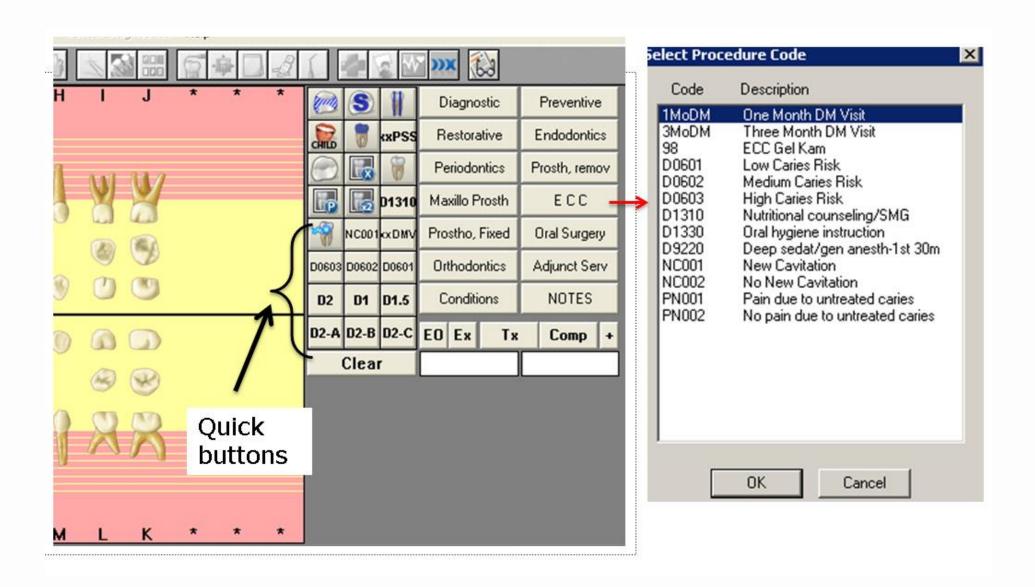
- Active patient = Patients between the age of 6 and 60 months of age with a comprehensive oral exam within 18 months of the last day of the measurement month, unless otherwise excluded.
- Initial Disease Management (DM) Visit = The visit after project start at which the patient was first designated as 'high' risk.
- Disease Management (DM) Visit: Any visit where the child's current risk status should be assessed. Include billable exams, restorative visits, and non-billable, short-interval visits for high risk patients. This includes all diagnostic or preventive visits other than emergency visits.
- Dummy Code: Non-ADA codes used in electronic dental records systems (EDRs) to record events such as self-management goals review.

#### Notes

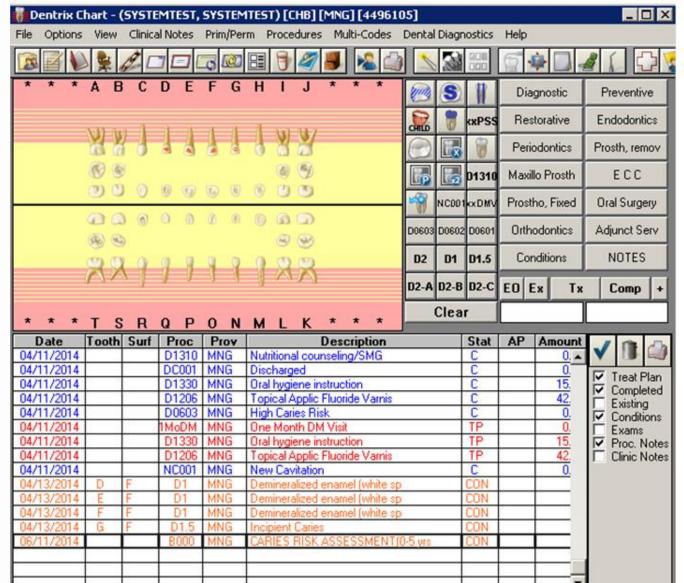
1Sites that perform sedation on-site should consider these patients as 'self-referrals' and count them accordingly



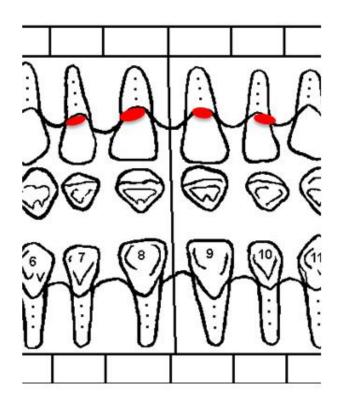
# **Coding in Dentrix Enterprise**





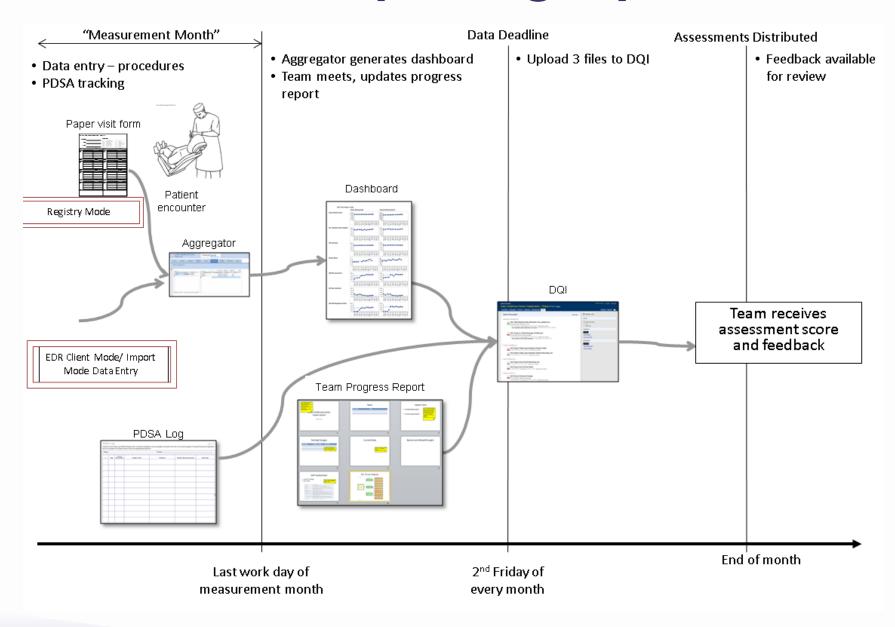






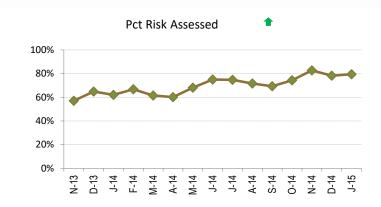


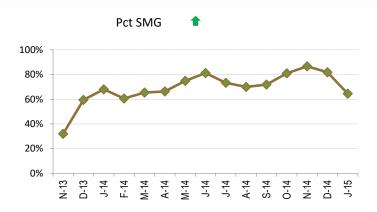
# **ECC Team Reporting Cycle**

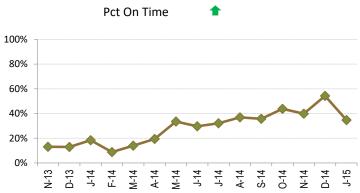


# Aggregate Process Measures





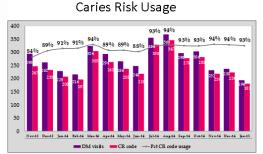


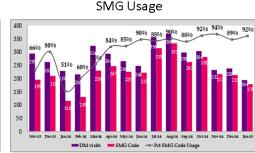




### **Data Use**

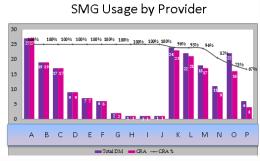
- Evaluate practice patterns in total and consistency of practice among providers
- Recall patients due for DM visits by caries risk by running reports
  - High risk within 3 months
  - Med risk within 6 months
  - Low risk within 12 months

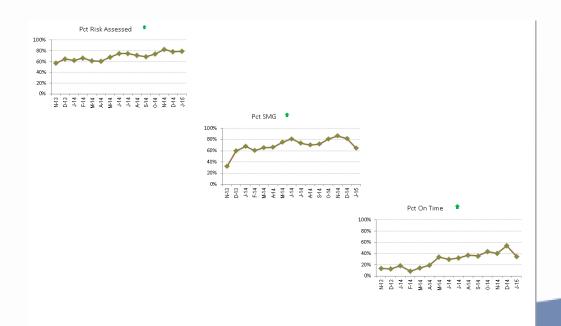




Caries Risk Usage by Provider

One of the state of the st







### **ECC Collaborative**

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#### Challenges/Strategies to Overcome Them

- Time Constraints
- Appointment No-Shows
- Data Collection Burden
- Staff and Leadership Buy-in
- Lack Reimbursement

#### **Collaborative Impact**

- Since 2008, DentaQuest Institute has invested close to \$1 million in the successful learning collaborative
- Accelerated adoption of DM of ECC as evidence-based clinical approach with use of QI and measurement strategies
- Promising results from ECC Phase III showed reduced risk of new caries among younger children and those with more DM visits



### Perinatal and Infant Oral Health Care

#### Latest Revision

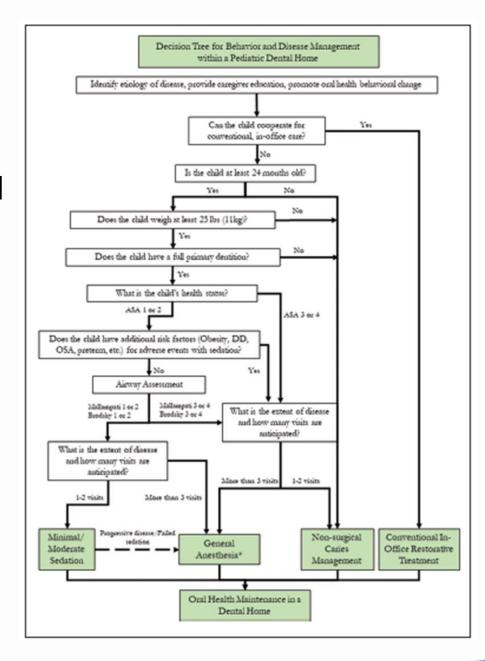
2016

Because restorative care to treat ECC often requires the use of sedation and general anesthesia with associated high costs and possible health risks,20 and because there is high recurrence of lesions subsequent to the procedures,21 there is now more emphasis on prevention and arrestment of the disease processes to manage ECC. Approaches include methods that have been referred to as (1) chronic disease management, which includes parent engagement to facilitate preventive measures and temporary restorations to postpone advanced restorative care,22 (2) active surveillance, which emphasizes careful monitoring of caries progression and establishment of a prevention program in children with incipient lesions,23 and (3) interim therapeutic restorations (ITR) that temporarily restore teeth in young children until a time when traditional cavity preparation and restoration is possible.24

#### CDM-ECC FRAMEWORK



- Not a dental treatment, but a framework under which the clinician can better manage children with dental disease
- Can useful to buy time for the child to reach an age and developmental status to cooperate for conventional inoffice treatment
- In some instances, GA or sedation may be necessary
- In all instances, the CDM framework calls upon the clinician and the family to maintain an active role in address disease etiology



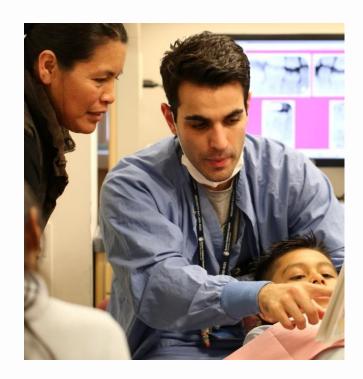
# Conclusion: ECC Collaborative has been Impactful



Improving Oral Health Through Measurement

#### **Disease Management**

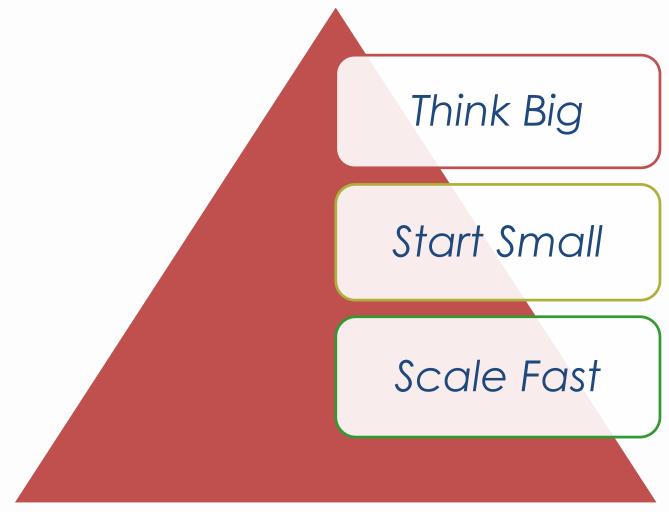
- Can be implemented into clinical practice
- Has strong potential to improve children's oral health
- Can defer restorative treatment (under sedation or GA)
- Should be included in the clinician's toolbox of ECC treatment
- Requires and will benefit from evolving healthcare delivery and financing systems
- QI and measurement strategies are useful to facilitate adoption and spread





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### Interested in Quality Improvement?



Jim Carroll - <a href="https://jimcarroll.com/2010/05/innovation-think-big-start-small-scale-fast/">https://jimcarroll.com/2010/05/innovation-think-big-start-small-scale-fast/</a>



### For More Information

Improving Oral Health Through Measurement

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- Email Dr. Man Wai Ng: <u>Manwai.Ng@childrens.harvard.edu</u>
- Email DQA: dqa@ada.org
- Visit our Website: www.ada.org/dqa

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